

**Article 3. Field Markings.**

The field shall be a rectangular area with lines and zones as shown in the accompanying diagram. The width of the field should be lined at 20 yard intervals from goal line to goal line. These zone markings may be changed according to field dimensions. All yard lines inside the boundaries shall stop 4" from each sideline. There shall be 2 inbounds lines (hash marks). They shall run parallel with each sideline, and located 15 yards "in" from each sideline. The 3 and 10 yard Try lines shall be 1 yard wide and 4" thick. Both 14 yard lines shall be marked with an "X" and shall have a height of 1 yard and a line thickness of 4".

**Article 4. Facility Limitations.**

In case of facility limitations, distances of field length and width can be modified. However, end zone length must always be 10 yards. If the field length is modified, shorten all 4 zones equally so they are the same length. Note: When zones are shortened, the 3 and 10 yard Try lines remain the same. The "14 yard lines" must be located 6 yards from the nearest zone line.

**Article 5. Goal Line.**

The entire width of each goal line shall be a part of the end zone.

**Article 6. Team Box.**

On each side of the field a team box is designated for the teams, coaches, and authorized team attendants. This team box shall be located 2 yards off the sideline and between the 20 yard lines. When the playing area is modified, so shall the team box. If teams cannot agree on a sideline, the Referee will conduct a coin toss. NOTE: It is permissible for both team boxes to be located on the same side of the field, provided each team box is marked between their respective 20 and 35 yard lines.

**Article 7. Pylons.**

12 soft, flexible pylons shall be placed at the inside corner of each of the intersections of the sideline with the goal lines and the end lines, and at the intersections of the end lines and inbounds lines extended.

**Article 8. Field Numbers.**

White field yard line numbers shall be 6 feet in height and 4 feet in width, with the tops of the numbers nine yards from the sidelines, if used.

**Article 9. Field Orientation.**

It is highly recommended that fields be laid out in a north/south orientation when new facilities are planned.

**SECTION 3. GAME EQUIPMENT****Article 1. The Ball.**

The official ball shall be pebble-grained leather or rubber covered and meet the recommendations of size and shape for a regulation football. There are no requirements regarding ball pressure and markings. Men shall use the regular size ball only. The regular, intermediate, youth or junior size football shall be used for Women's and Co-rec games. The Referee shall be the sole judge of any ball offered for play and may

